

RESTRAINT DOCUMENTATION FORM

This form is to be completed following the restraint of a student. The form is to be completed by the staff person(s) who engaged in the restraint. The completed form is to be submitted to their immediate supervisor.

Student's Name: _____ Date of Birth: _____

Date of Restraint: _____

Time of Restraint: _____ Length of Time in Restraint: _____

Is the student identified as a Special Education Student? Yes _____ No _____

Does the student have a Behavior Plan? Yes _____ No _____

Is the use of restraint part of the student's behavior plan? Yes _____ No _____

Antecedent Events:

Where was the student? _____

Who was present (students & staff) when the restraint took place? _____

Describe students' behavior prior to the behavior that prompted the use of restraint? _____

Behavior that Prompted Use of Restraint:

____ Threat of imminent, serious, physical harm to self.

____ Threat of imminent, serious, physical harm to others.

____ Threat of imminent, serious property destruction.

Observed by (Name(s) of staff): _____

Other Interventions Tried by Staff Prior to Restraining Student:

- | | | |
|---|---|---|
| <input type="checkbox"/> Provided Choices | <input type="checkbox"/> Verbal Redirection | <input type="checkbox"/> Calming Techniques |
| <input type="checkbox"/> Reduced Demands | <input type="checkbox"/> Reduced Verbal Interaction | <input type="checkbox"/> Exclusion |
| <input type="checkbox"/> Removal of Other Students | <input type="checkbox"/> Request for Assistance | <input type="checkbox"/> Seclusion |
| <input type="checkbox"/> Voluntary Removal of Student to Another Location | | |
| <input type="checkbox"/> Other: _____ | | |
| _____ | | |
| _____ | | |

Describe Student Behavior and Reaction During Restraint:

Describe Student Behavior at End of Restraint:

Staff person submitting this report:

Signature Staff Person

Print Name

Date

Administrator Informed of the use of restraint:

Signature of Administrator

Print Name

Date

USE OF RESTRAINT

RESTRAINT is defined as the use of physical force, without the use of any device or material, that restricts the free movement of all or a portion of a student's body.

RESTRAINT DOES NOT INCLUDE:

- Briefly holding a student in order to calm or comfort the student;
- Holding a student's hand or arm to escort the student safely from one area to another;
- Moving a disruptive student who is unwilling to leave the area if other methods such as counseling, redirecting, etc., have been unsuccessful; or
- Intervening in a fight in accordance with school policies and state law.

RESTRAINT IS NOT TO BE USED IN THE SCHOOL, UNLESS:

- There is an emergency situation and physical restraint is necessary to protect a student or other person from imminent, serious, physical harm after other less intrusive, non-physical interventions have failed or been determined inappropriate;
- The student's behavioral intervention plan and/or IEP describe the specific behaviors and circumstances in which physical restraint may be used; or
- The parents of a nondisabled student have otherwise provided written consent to the use of physical restraints while a behavior intervention plan is being developed.

No employee of the West Central School District will use the method of prone restraint, defined as physical pressure applied to any part of the student's body to keep the student in a face down position on the floor or other surface, except when that use is necessary and reasonable in manner and moderate in degree.

WHEN RESTRAINT IS USED, STAFF IS REQUIRED TO:

- Complete and sign the attached restraint documentation form;
- File a copy of the form in the student's educational record;
- Forward a copy of the form to the parent within 24 hours of the incident, unless provided for in a student's BIP or IEP; and
- Forward copies to the Director of Special Education (for special education students) or building principal (for non-disabled students).

BEST PRACTICES ALSO SUPPORT:

- Debriefing with staff involved in the incident.

Policy:

Adopted: 06/14/2021